

Use of Smart Watches in Modern Clinical Practice

Presented by:

Michael Massoomi, MD
Assistant Professor, Cardiology
University of Florida College of Medicine

Faculty Disclosure:

Dr. Massoomi has disclosed that he has no relevant financial relationships. No one else in a position to control content has any financial relationships to disclose.

CME Advisory Committee Disclosure

Conflict of interest information for the CME Advisory Committee members can be found on the following website: <https://cme.ufl.edu/disclosure/>.

Release Date: January 7, 2020

Expiration Date: January 6, 2022

Target Audience:

Primary Care Physicians, Cardiology Physicians

Learning Objectives:

As a result of participation in this activity, participants should be able to:

1. Learn about the various metrics that can be obtained from a smartwatch.
2. Discuss the accuracy of energy expenditure and HR data.
3. Discuss clinical application of this data.

Accreditation: The University of Florida College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit: The University of Florida College of Medicine designates this enduring material for a maximum of 0.25 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Contact Info: If you have any questions please feel free to contact Leah Harms at (352)-265-0373 or at harmsl@shands.ufl.edu

[Click here to listen to the lecture!](#)