Perioperative Optimization of the Elderly Spine Surgery Patients.

Presented by:

Basma A Mohamed, MBChB Assistant Professor, Department of Anesthesia Divisions of Perioperative Medicine and Neuroanesthesia University of Florida College of Medicine

Faculty Disclosure:

Dr. Mohamed has disclosed that she has no relevant financial relationships. No one else in a position to control content has any financial relationships to disclose. All relevant financial relationships have been mitigated.

CME Advisory Committee Disclosure

Conflict of interest information for the CME Advisory Committee members can be found on the following website: https://cme.ufl.edu/disclosure/. All relevant financial relationships have been mitigated.

Bibliographic Source: https://www.sciencedirect.com/science/article/pii/S1932227520301002?via%3Dihub

Release Date: June 20, 2022 Expiration Date: June 19, 2024

Target Audience:

Anesthesiologists, Neurosurgeons, Neurologists

Learning Objectives:

As a result of participation in this activity, participants should be able to:

- ▶ Describe the importance of a comprehensive preoperative evaluation of the elderly spine surgery patients.
- ▶ Understand the importance and methods of frailty assessment in the literature.
- Explain the role of prehabilitation in frail elderly patients in preparation of spine surgery.

Requirements for successful completion: Certificates are awarded upon successful completion (80% proficiency) of the post-test.

Accreditation: The University of Florida College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit: The University of Florida College of Medicine designates this enduring material for a maximum of .25 *AMA PRA Category 1 Credits* $^{\text{\tiny TM}}$. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Contact Info: If you have any questions please feel free to contact Basma Mohamed at cell phone (952-465-6581) or at email (BMohamed@anest.ufl.edu)